

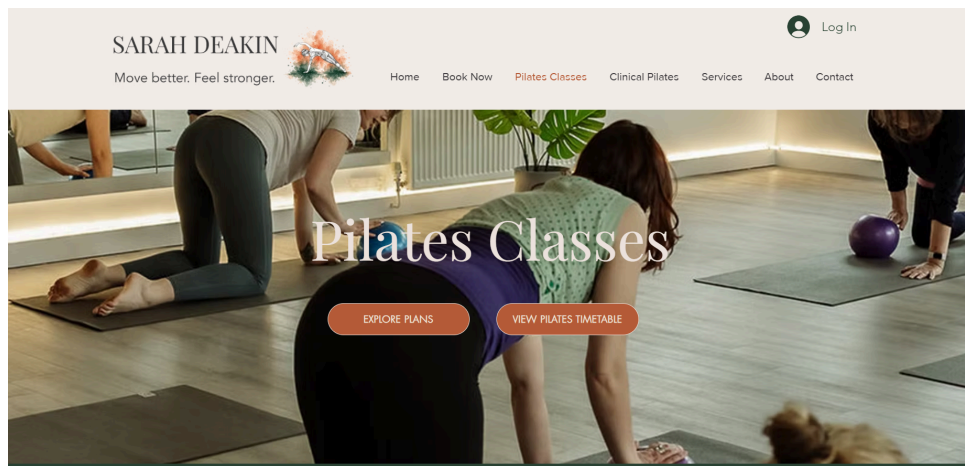
Class Pass Step-by-step guide

To book classes with the pricing plan .

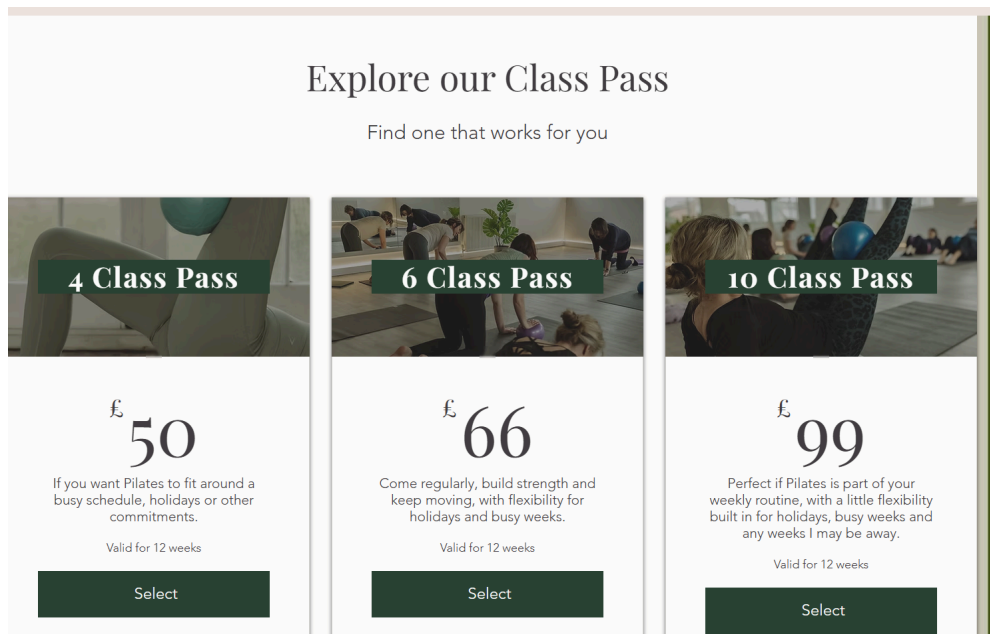
In summary, you now have to book a class pass first and then book each class that you can attend, this will give you more flexibility to book only the weeks that you are here and only the classes you can attend, you will be able to reschedule classes yourself with 24 hours notice.

Step 1: Go to www.sarahdeakin.co.uk

Click on Pilates Classes in the menu on the top



Step 2: Either click “explore plans” or scroll down to the plans
Choose your plan, click “select” on the plan you would like.



3 : Choose the start date. Make this the date of the first class you would like to attend. (your 12 weeks will start from then)

Complete the following details

Choose a date



Continue to Checkout

Additional taxes and fees may be added at checkout.

4: Buy the pass

You will need to create an account, or login if you previously have had an account.
Then complete the payment



CHECKOUT

Log in

To purchase these items, log in to your account or sign up.

Log In

Sign Up

Customer details

Payment

Order summary (1 item)



4 Class Pass

Duration: 12 weeks

£50.00



Subtotal

£50.00

Total

£50.00

You'll be charged a one-time payment of £50.00 and subscription will be active for 12 weeks.

5: Choose your class

Now you have the plan, go to the class schedule and choose your classes: (Click back to the homepage and click on Pilates classes from the menu)

Click Book or add yourself to wait list if its fully booked....

< August 2026 >					
Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	
classes	09:30 Mixed-level Pilates The Space, Burston, nr Diss Sarah 1 hr Book	18:45 Pilates Progressions The Space, Burston, nr Diss Sarah 55 min Book	10:00 Rickingham Mixed- level Pilates Rickingham Sarah 1 hr Book	No classes	
	10:35 Pilates Foundations The Space, Burston, nr Diss Sarah 1 hr Book	19:45 Mixed-level Pilates The Space, Burston, nr Diss Sarah 1 hr Book			

6. Once you click book, it will take you to the booking page, scroll down and it will show the option to use classes from your pass (if you are logged in) or pay for it as a drop-in session. (There is also an option on this form to book for more than one participant from a drop down menu) If you want to book multiple sessions, you can book up to 3 months ahead, click on on add to cart. If you just want to book one session, click Book now.

SARAH DEAKIN
Move better. Feel stronger.



  Account 

HomeBook NowPilates ClassesClinical PilatesServicesAboutContact

Add to Cart

Book Now

Phone Number *

 +447584906049

Add Your Message

☒ I have completed the health questionnaire [Health Questionnaire link](#) *

☒ I agree to the Terms & Conditions [Terms and Conditions](#) *

Number of participants

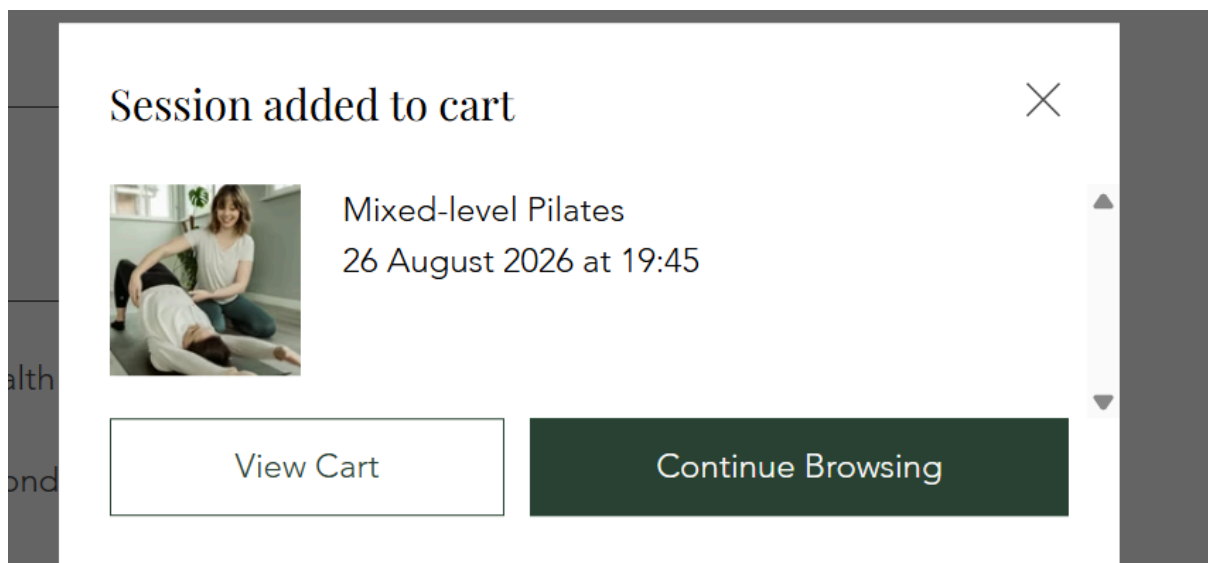
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Payment for Mixed-level Pilates

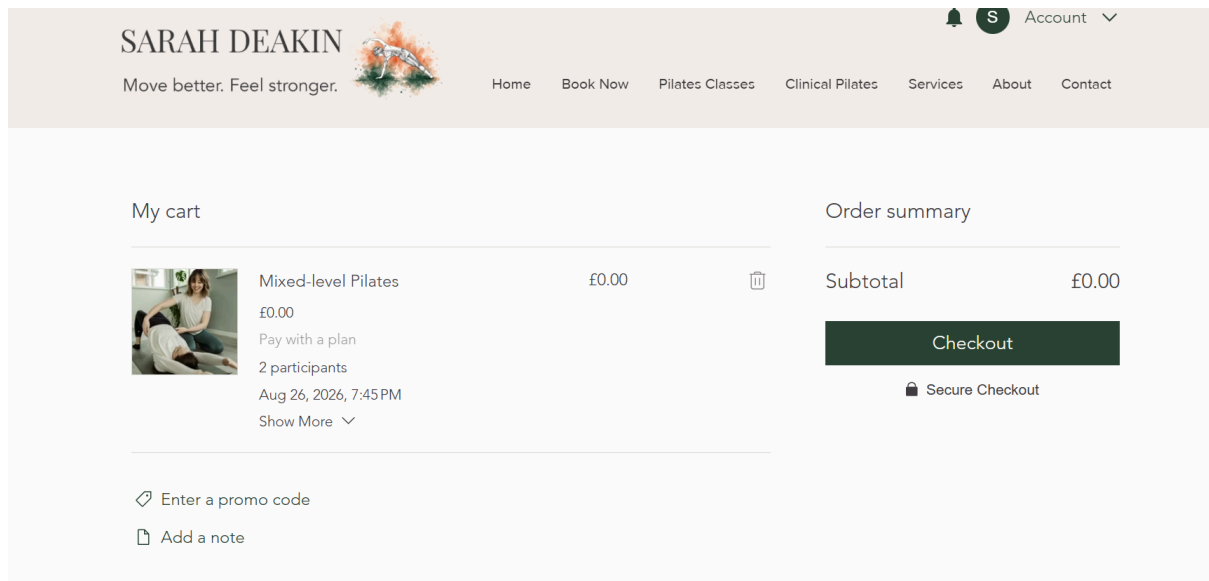
☒ 4 Class Pass
3/4 sessions left - Exp. 2 November 2026

☐ Pay now
Online E27

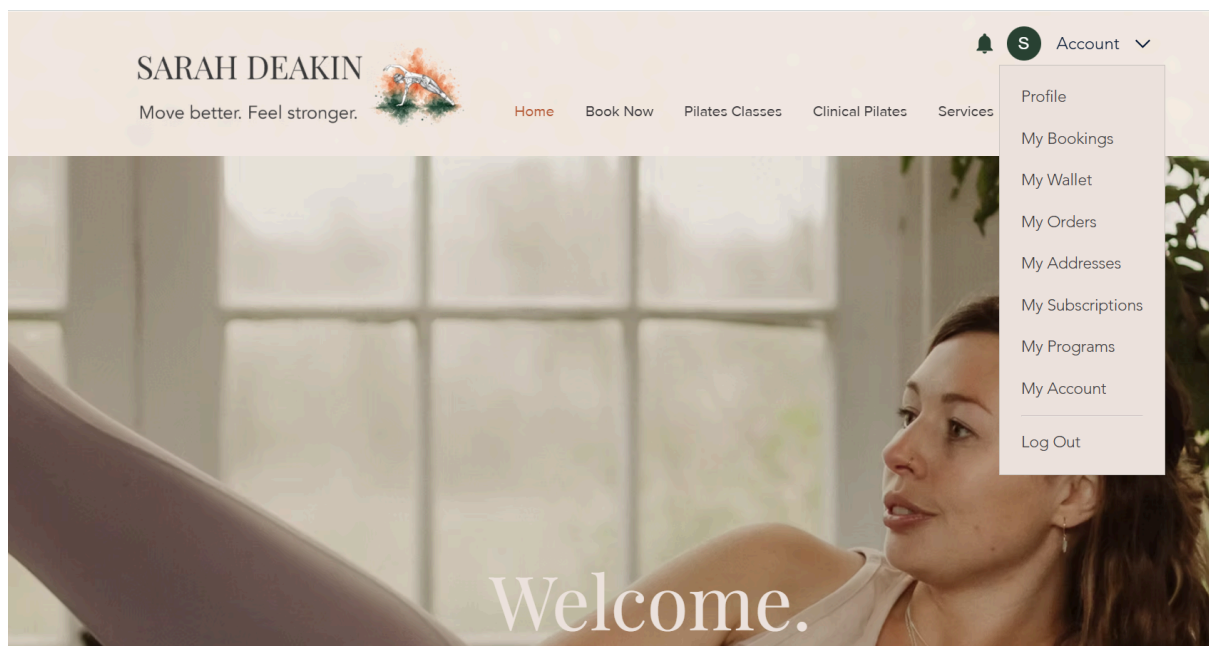
7: If you are booking multiple sessions, once you have finished adding the sessions, click view cart on the pop up



8: It will then come up with your cart and you click check out, the sessions will be taken off your pass.



9: To view the sessions that you are attending or see how many sessions are left on your pass, or when it expires click on the account button in the top right corner. Or it may say log in if you aren't already
(On mobile you have to click the 3 lines to log in)



10. To view or change your bookings click “My Bookings”
You will see the classes you are booked into.
If you click “manage” you have the option to cancel or reschedule the class.

(If you reschedule you will only be able to change the week of the class, i.e same class different week, if you want to go to a different class on a different time or day, cancel the class and then book it again.)

Please note, you do need to give 24 hours notice to keep the class credit.

The screenshot shows a user profile for Sarah Deakin with 0 followers and 0 following. The navigation bar includes Profile, My Bookings, My Wallet, My Orders, My Addresses, My Subscriptions, Events, and More. The 'Upcoming' tab is selected, showing a booking for 'Rickinghall Mixed-level Pilates' on August 27, 2026, at 10:00 AM. A management menu is open, showing options: Book Again, Reschedule, View form submission, and Cancel. A 'Manage' button is also visible.

Profile My Bookings My Wallet My Orders My Addresses My Subscriptions Events More

Upcoming Past

Time zone: British Summer Time (GMT+1)

Rickinghall Mixed-level Pilates
August 27, 2026, 10:00 AM • Mill Lane, Rickinghall, Diss, UK

Book Again
Reschedule
View form submission
Cancel

Manage

11. If you want to see how many class credits you have left, on your class pass, click “my subscriptions” (Please note, this is not a subscription and it will not auto-renew.)

The screenshot shows the same user profile for Sarah Deakin. The 'My Subscriptions' tab is selected, showing a '4 Class Pass' that expires on 02 Nov 2026. The pass is active, with a start date of 11 Aug 2026 and 3/4 sessions remaining. The cost is £50.00, and 1 payment has been completed on 11 Aug 2026.

Profile My Bookings My Wallet My Orders My Addresses My Subscriptions Events More

4 Class Pass Expires: 02 Nov 2026 Active

£50.00 Start date: 11 Aug 2026 Sessions remaining: 3/4

Payments completed: 1 of 1
Last payment: 11 Aug 2026

If you have any issues, please check the FAQ's below. If you still are having difficulties, please take a screenshot of the page that you are struggling with and send me an email.

physio.pilates.sarah@gmail.com

FAQ:

How do the Pilates Class Passes work?

Choose a 4, 6 or 10 Class Pass, then use it to book the individual Pilates classes you'd like to attend. All Class Passes are valid for 12 weeks from the date of purchase.

Do I have to stick to the same Pilates class each week?

No — that's the whole idea! Your Class Pass gives you the flexibility to book any suitable class across the Pilates timetable, subject to availability.

Do I still need to book each class?

Yes. Buying a Class Pass gives you your class credits, but you'll still need to book onto each individual class you'd like to attend.

Once you're logged into your account, you can book your classes and keep track of how many you have remaining.

What if the class I want is full?

You can add yourself to the waitlist and you'll be notified if a space becomes available due to someone cancelling.

How far ahead can I book?

You can book as many of your classes in advance as you like. I'll generally have around 2–3 months of Pilates classes available to book at any one time.

Which Class Pass should I choose?

4 Class Pass — great if you want maximum flexibility or know you have a busy few months ahead.

6 Class Pass — ideal if you'd like to come fairly regularly, build strength and keep moving, but can't commit to every week.

10 Class Pass — ideal if Pilates is part of your weekly routine, with a little flexibility built in for holidays, busy weeks and occasional weeks when I may be away.

Can I come to Pilates more than once a week?

Absolutely. Your Class Pass isn't limited to one class per week. If you'd like to come twice a week, or just fancy an extra class one week, you can book as many suitable classes as you like while you have classes remaining on your pass.

What happens if I use all my classes before the 12 weeks are up?

You can simply buy another Class Pass and carry on — you don't need to wait for your existing 12-week period to finish.

What if I can't make a class I've booked?

Life happens! As long as you cancel at least 24 hours before your class, the class will be returned to your pass for you to use another time.

Cancellations within 24 hours, or missed classes, will still use one class from your pass.

What happens if I don't use all my classes?

Class Passes expire 12 weeks after purchase, so any remaining classes need to be used before your expiry date. Unused classes cannot be rolled over or extended, so choose the pass that best suits how often you think you'll attend.

What happens if Sarah is away?

The 12-week period gives a little extra flexibility for the occasional week that I may be away, particularly with the 10 Class Pass.

If my absence or illness means there aren't enough suitable classes available for you to use your pass, I'll try to arrange cover where possible. If cover can't be arranged, I'll extend your pass accordingly.

Can I book a one-off Pilates class?

Yes! If you don't want a Class Pass, you can book a one-off Pilates class for £13.50, subject to availability.